WELCOME TO ELEVATE DENTAL

In scheduling your first appointment you have taken the first step to achieving optimal dental health. There is one very important aspect of our philosophy, you must "choose" to become healthy. We will guide and coach you by sharing information and allowing you to make an informed decision. The core of our philosophy is being pro-active and preventing dental disease, rather than reactive.

We provide comprehensive care and believe that oral health affects the entire body and overall wellness. Our treatment philosophy is based upon conventional medicine, science and evidence-based practice.

Together we will explore and examine your teeth, gums, joints and create a lifetime treatment plan. Dr. Kristen or Dr. Mike will recommend needed diagnostics, scans and pictures of your teeth. We will review your past dental history, records and x-rays in order to obtain a comprehensive understanding of your personalized needs. With these tools we can determine your present state of dental health and recommend an individualized treatment plan.

In order to maximize your dental benefits, please bring in your insurance information. In order to answer all of your questions, we have put aside an hour and a half for your visit.

TIME 03:00 PM DATE 1/18/2023 PATIENT REGISTRATION

ID:	Chart ID:						
First Name:		Last Name:					Middle Initial:
Patient Is: Policy Hold	er Responsible Party	Preferred Name:					
Responsible Party (if	someone other than the patient) -						
First Name:		Last Name:					Middle Initial:
Address:		Addre	ss 2:				
City, State, Zip:							Pager:
Home Phone:	Work Phone:				Ext:	C	ellular:
Birth Date:	Soc Sec:				Drivers	s Lic:	
Responsible Party is also	a Policy Holder for Patient	Primary Insurance	e Policy Ho	older	Se	econdary Insura	nce Policy Holder
Patient Information -							
Address:		Addres	ss 2:				
City:		State / Zip:					Pager:
Home Phone:	Work Phone:				Ext:	C	ellular:
Sex: Male	Female	Marital Status:	Married	Singl	e Divorced	Separated	Widowed
Birth Date:	Age:	Soc	Sec:		Drivers	Lic:	
E-mail:			I would li	ke to receiv	e correspondences via	e-mail.	
	- Section 2					Section	3
Employment Full 7	ime Part Time	Retired				ontact Person_	
Student Status: Full 7	Time Part Time				credit	card number exp date	
Medicaid ID:	Pref. Der	ıtist:			date	e last updated	
Employer ID:	Pref. Pharm	acy:				security code	
Carrier ID:	Pref. I						
Primary Insurance Inf	ormation —						
Name of Insured:			Relatio	onship to In	sured: Self	Spouse	Child Other
Insured Soc. Sec:		Insured Birth D	ate:	-			_
Employer:				Ins. Compa	any:		
Address:				Addr			
Address 2:				Addres	ss 2:		
City, State, Zip:			(City, State,	Zip:		
Rem. Benefits:	Ren	n. Deduct:					
Secondary Insurance	Information —						
Name of Insured:			Relatio	onship to In	sured: Self	Spouse	Child Other
Insured Soc. Sec:		Insured Birth D	ate:				
Employer:				Ins. Compa	any:		
Address:				Addr	ess:		
Address 2:				Addres	ss 2:		
City, State, Zip:				City, State,	Zip:		
Rem. Benefits:	Ren	n. Deduct:	•				

MEDICAL HISTORY

Patient Name:		Birth Date:	Da	te:		
Primary Care Physicians Name:			Phone #:	:		
Have you been hospitalized or had major operat			If yes			
Have you ever had a serious head or neck injury?						
Are you taking any medications? Please list with	dosages (ir	cluding vita	mins, herbs etc.)			
Do you take, or have you taken Phen-Fen or Red	ux? Yes	No 🔾				
Have you ever taken Bisphosphonates*	Yes	\bigcirc No \bigcirc	*Examples: Fosamax, Boniva, Actonel			
Are you on a special diet?	Yes	\bigcirc No \bigcirc				
Do you use tobacco? Or have a history or smoking	ng? Yes	\bigcirc No \bigcirc				
Are you advised to take Pre-med by physician?	Yes	S No	If yes, what do you	take?		
Women: Are you Pregnant 🔘	Nursing (Taking oral contrac	ceptives (
ALLERGIES: Aspirin (Penicillii	$n \cap$		Codeine (Acrylic	\bigcirc	
Metal (Latex	~		Sulfa Drugs ()	Local Anesth	netics (
Allergies not listed above:						
Do you use controlled substances or recreationa	I drugs? Ye	s O No O	If yes,			

Do you have, or have you had, any of the following? Check off either Y (yes) or N (no) below.

-	Υ	N	-	Υ	N		Υ	N		Υ	N
AIDS/HIV Positive			Cortisone medicine			Hemophilia			Radiation treatment		
Alzheimer's			Diabetes			Hepatitis A			Recent weight loss		
Anaphylaxis			Drug Addition			Hepatitis B or C			Renal dialysis		
Angina			Easily Winded			Herpes (lip or mouth)			Rheumatic fever		
Arthritis/gout			Emphysema			High Blood pressure			Scarlet fever		
Artificial heart valve			Epilepsy or seizures			High Cholesterol			Shingles		
Artificial joint			Excessive Bleeding			Hives or Rash			Sickle cell disease		
Asthma			Excessive Thirst			Hypoglycemia			Sinus trouble		
Blood disease			Fainting spells/dizzy			Irregular heartbeat			Spina bifida		
Blood transfusion			Frequent Cough			Kidney problems			Stomach/intestinal		
									disease		
Breathing Problems			Frequent Diarrhea			Leukemia			Stroke		
Bruise Easily			Frequent Headaches			Liver disease			Swelling of limbs		
Cancer			Genital Herpes			Low blood pressure			Thyroid disease		
Chemotherapy			Glaucoma			Lung disease			Tonsillitis		
Chest Pains			Hay Fever			Mitral valve prolapse			Tuberculosis		
Cold Sores			Heart attack/failure			Osteoporosis			Tumors or growths		
Congenital heart disorder			Heart Murmur			Pain in jaw joint			Ulcers		
Convulsions			Heart pacemaker			Parathyroid disease			Veneral disease		
Yellow Jaundice			Sleep Apnea			Psychiatric care			Blood thinner		1
Human Papilloma			ADD/ADHD			Use of C-PAP			Autism/Asperger		T
Virus (HPV)			,						syndrome		
Multiple Sclerosis					1	I	1	1	,	1	

Med. Hx Continued
Have you ever had any serious illness not listed above? Yes O No O If yes
f yes to cancer, what type of cancer, when?
f yes to chemo/radiation, if so when? How many Grays (Gy) have you been exposed to?
Comments:
To the best of my knowledge, the questions on his form have been accurately answered. I understand that providing incorrect information or leaving out information can be dangerous to my (or patient's) health. It is my responsibility to inform the dental office of any changes in my medical history at each visit.
ignature of Patient, Parent or Guardian
. Date

DENTAL UPDATE QUESTIONNAIRE

Name	Date:
Are you experiencing any discomfort? If	yes explain
Does dental treatment make you nervous?	
Date of last dental visit	Date of last dental cleaning
Have you ever been treated for gum disease?	
How often do you brush? Type of to	ooth brush: manual () electric () Do you floss?
	night?
Please check off if you have or ever had any of t	he following:
MOUTH TEET	Н
	ose teeth
○ Unpleasant taste/bad breath ○ Sensitivity	to hot
	ensitivity to cold
	ensitivity to sweets
<u> </u>	ensitivity to biting
	ood catching between teeth
	enching or grinding, if so when Odaytime onighttime
○ Braces or Invisalign ○ sh	ifting in bite
What things are most important to you about you have you lost any teeth? if so, have the Are you unhappy with the replacements? Would you be interested in learning more about Do you have any difficulty getting numb?	your smile? ur dental health? ney been replaced? if not, why? if so why? replacements? if yes explain tions with previous dental treatment? If yes, please explain.
Please circle your answer to the following 7 stat:	ements:
1.) My mouth is a.) very comfortable b.) mo	
2a) I think the appearance of my mouth is excellent	5a) I will do anything to keep my natural teeth
2b) I am satisfied with the appearance of my mouth	5b) I want to keep my teeth, but have a budget of time and
2c) I am disappointed with the appearance of my mouth	money I am willing to spend 5c) I expect I will lose most/all of my teeth like my parents did
3 a) I have set goals for my oral health with a previous dentist	36) r expect i will lose most an or my teeth like my parents and
3 b) I want to set goals concerning my dental health	6 a) I have always done the best recommended for my dental health
(As) I have not dentisting for more of and family high an ariarity list	6b) I have not done what dentists have recommended to me
4 a) I have put dentistry for myself and family high on priority list completed	6 c) I rarely go and don't care about having any dental work
4b) I have put dentistry for myself and my family low on priority li 4c) I have dentistry on my list, but its hard to find	st
7.) I think my present state of dental health is a.) exc	
What are some questions about dentistry that you ha	ve never had adequately answered?



369 Heineberg Drive, Colchester, VT 05446 P: 802-658-4873 info@elevatedentalvt.com

RECORDS RELEASE FORM

I, (print full legal name),		, give
Please indicate your transfer status below:		
I am becoming a NEW patient at Elevinformation below, so we may obtain your PREV	·	VIOUS office
I am transferring from Elevate Denta office information below, so we may send your	• • •	de your forwarding
I will be continuing care with Elevate D	ental, but will be seeing an addition	onal provider
Office Information:		
Address:		
Phone/Email:		
Comments / Reason for Transfer:		
Additional dependents (children under 18) to above:		
Patient Name:	DOB:	
Patient Signature:	Date:	



Financial, Insurance and Appointment Policy

Financial Agreement

I acknowledge that payment is due at the time of treatment, unless other arrangements are made. I agree that parents, guardians or personal representatives are responsible for all fees and services rendered for treatment of a minor/child. I accept full responsibility for all charges for services or items provided to me, to my minor/child, or to the patient for whom I have legal responsibility. I understand that filing a claim with my insurance company does not relieve me from responsibility for the payment of all charges.

Insurance Assignment and Release

I certify that I and/or my dependent(s) have insurance coverage with company above and assign directly to Elevate Dental all insurance benefits, if any, otherwise payable to me for services rendered. I understand that I am financially responsible for all the charges whether or not paid by my insurance. I authorize the use of my signature on all insurance submissions. Liscio dental may use my healthcare information and may disclose such information to the above insurance company or companies and their agents for the purpose of obtaining payment for services and determining insurance benefits payable for related services.

Commitment to Appointments

For the benefit of our patients, we work with one patient at a time. (We reserve a time for each patient separately.) When you make an appointment, it is a bond of trust that we will be here to serve you and you will in turn, be here at the scheduled time. Please be present for your scheduled appointments. In this way, we can serve your dental needs. We ask that on the rare occasion you need to cancel or change appointment you give us a 48-hour notice or 2 business days. If your appointment is broken or canceled without a 48-hour notice, a \$75 fee may be assessed to your account for any hygiene related appointment, and \$125 for a doctor related appointment.

Please sign below to indicate you understand and agree to all of the policies and statements above.

Patient Signature	
Print Name	Date



Credit Card Authorization

-We adhere to the highest standards for account data protection and encryption-

I authorize Elevate Dental to keep my (VISA/MC/AMEX/DISC)) card ending in		file and to charge my (last 4 digits):
for the balance of charg dates(s) of service, and not to exceed		insurance within ninety (90) days of the (\$0.00 -)
or		
for this visit only		
Patient Information:		
Patient Name:		
If patient is a minor, Responsible Part	y Name:	
Cardholder Information:		
Cardholder Name:		
Account Number:		
Exp. Date (MM/YY):	CVV:	Billing Zipcode:
Cardholder Signature:		
Date Signed:		



ELEVATE DENTAL Notice of Privacy Practices

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

I. Dental Practice Covered by this Notice

This Notice describes the privacy practices of ELEVATE DENTAL ("Dental Practice"). "We" and "our" means the Dental Practice. "You" and "your" means our patient.

II. How to Contact Us/Our Privacy Official

If you have any questions or would like further information about this Notice, you can contact ELEVATE DENTAL'S Privacy Official at:

369 HEINEBERG DRIVE, COLCHESTER, VT 05446

802-658-4873

802-863-5400

INFO@ELEVATEDENTALVT.COM

III. Our Promise to You and Our Legal Obligations

The privacy of your health information is important to us. We understand that your health information is personal and we are committed to protecting it. This Notice describes how we may use and disclose your protected health information to carry out treatment, payment or health care operations and for other purposes that are permitted or required by law. It also describes your rights to access and control your protected health information. Protected health information is information about you, including demographic information, that may identify you and that relates to your past, present or future physical or mental health or condition and related health care services.

We are required by law to:

- Maintain the privacy of your protected health information;
- Give you this Notice of our legal duties and privacy practices with respect to that information; and
- Abide by the terms of our Notice that is currently in effect.

IV. Last Revision Date

This Notice was last revised on February 15, 2022.

V. How We May Use or Disclose Your Health Information

The following examples describe different ways we may use or disclose your health information. These examples are not meant to be exhaustive. We are permitted by law to use and disclose your health information for the following purposes:

A. Common Uses and Disclosures



- **1. Treatment.** We may use your health information to provide you with dental treatment or services, such as cleaning or examining your teeth or performing dental procedures. We may disclose health information about you to dental specialists, physicians, or other health care professionals involved in your care.
- **2. Payment.** We may use and disclose your health information to obtain payment from health plans and insurers for the care that we provide to you.
- **3. Health Care Operations.** We may use and disclose health information about you in connection with health care operations necessary to run our practice, including review of our treatment and services, training, evaluating the performance of our staff and health care professionals, quality assurance, financial or billing audits, legal matters, and business planning and development.
- **4. Appointment Reminders.** We may use or disclose your health information when contacting you to remind you of a dental appointment. We may contact you by using a postcard, letter, phone call, voice message, text or email.
- **5. Treatment Alternatives and Health-Related Benefits and Services.** We may use and disclose your health information to tell you about treatment options or alternatives or health-related benefits and services that may be of interest to you.
- **6. Disclosure to Family Members and Friends.** We may disclose your health information to a family member or friend who is involved with your care or payment for your care if you do not object or, if you are not present, we believe it is in your best interest to do so.
- **7. Disclosure to Business Associates.** We may disclose your protected health information to our third-party service providers (called, "business associates") that perform functions on our behalf or provide us with services if the information is necessary for such functions or services. For example, we may use a business associate to assist us in maintaining our practice management software. All of our business associates are obligated, under contract with us, to protect the privacy of your information and are not allowed to use or disclose any information other than as specified in our contract.

B. Less Common Uses and Disclosures

- **1. Disclosures Required by Law.** We may use or disclose patient health information to the extent we are required by law to do so. For example, we are required to disclose patient health information to the U.S. Department of Health and Human Services so that it can investigate complaints or determine our compliance with HIPAA.
- **2. Public Health Activities.** We may disclose patient health information for public health activities and purposes, which include: preventing or controlling disease, injury or disability; reporting births or deaths; reporting child abuse or neglect; reporting adverse reactions to medications or foods; reporting product defects; enabling product recalls; and notifying a person who may have been exposed to a disease or may be at risk for contracting or spreading a disease or condition.
- **3. Victims of Abuse, Neglect or Domestic Violence.** We may disclose health information to the appropriate government authority about a patient whom we believe is a victim of abuse, neglect or domestic violence.
- **4. Health Oversight Activities.** We may disclose patient health information to a health oversight agency for activities necessary for the government to provide appropriate oversight of the health care system, certain government benefit programs, and compliance with certain civil rights laws.
- **5. Lawsuits and Legal Actions.** We may disclose patient health information in response to (i) a court or administrative order or (ii) a subpoena, discovery request, or other lawful process that is not ordered by a court if efforts have been made to notify the patient or to obtain an order protecting the information requested.



- **6. Law Enforcement Purposes.** We may disclose your health information to a law enforcement official for a law enforcement purposes, such as to identify or locate a suspect, material witness or missing person or to alert law enforcement of a crime.
- **7. Coroners, Medical Examiners and Funeral Directors.** We may disclose your health information to a coroner, medical examiner or funeral director to allow them to carry out their duties.
- **8. Organ, Eye and Tissue Donation.** We may use or disclose your health information to organ procurement organizations or others that obtain, bank or transplant cadaveric organs, eyes or tissue for donation and transplant.
- **9. Research Purposes.** We may use or disclose your information for research purposes pursuant to patient authorization waiver approval by an Institutional Review Board or Privacy Board.
- **10. Serious Threat to Health or Safety.** We may use or disclose your health information if we believe it is necessary to do so to prevent or lessen a serious threat to anyone's health or safety.
- **11. Specialized Government Functions.** We may disclose your health information to the military (domestic or foreign) about its members or veterans, for national security and protective services for the President or other heads of state, to the government for security clearance reviews, and to a jail or prison about its inmates.
- **12. Workers' Compensation.** We may disclose your health information to comply with workers' compensation laws or similar programs that provide benefits for work-related injuries or illness.

VI. Your Written Authorization for Any Other Use or Disclosure of Your Health Information

Uses and disclosures of your protected health information that involve the release of psychotherapy notes (if any), marketing, sale of your protected health information, or other uses or disclosures not described in this notice will be made only with your written authorization, unless otherwise permitted or required by law. You may revoke this authorization at any time, in writing, except to the extent that this office has taken an action in reliance on the use of disclosure indicated in the authorization. If a use or disclosure of protected health information described above in this notice is prohibited or materially limited by other laws that apply to use, we intend to meet the requirements of the more stringent law.

VII. Your Rights with Respect to Your Health Information

You have the following rights with respect to certain health information that we have about you (information in a Designated Record Set as defined by HIPAA). To exercise any of these rights, you must submit a written request to our Privacy Official listed on the first page of this Notice.

A. Right to Access and Review

You may request to access and review a copy of your health information. We may deny your request under certain circumstances. You will receive written notice of a denial and can appeal it. We will provide a copy of your health information in a format you request if it is readily producible. If not readily producible, we will provide it in a hard copy format or other format that is mutually agreeable. If your health information is included in an Electronic Health Record, you have the right to obtain a copy of it in an electronic format and to direct us to send it to the person or entity you designate in an electronic format. We may charge a reasonable fee to cover our cost to provide you with copies of your health information.

B. Right to Amend



If you believe that your health information is incorrect or incomplete, you may request that we amend it. We may deny your request under certain circumstances. You will receive written notice of a denial and can file a statement of disagreement that will be included with your health information that you believe is incorrect or incomplete.

C. Right to Restrict Use and Disclosure

You may request that we restrict uses of your health information to carry out treatment, payment, or health care operations or to your family member or friend involved in your care or the payment for your care. We may not (and are not required to) agree to your requested restrictions, with one exception: If you pay out of your pocket in full for a service you receive from us and you request that we not submit the claim for this service to your health insurer or health plan for reimbursement, we must honor that request.

D. Right to Confidential Communications, Alternative Means and Locations

You may request to receive communications of health information by alternative means or at an alternative location. We will accommodate a request if it is reasonable and you indicate that communication by regular means could endanger you. When you submit a written request to the Privacy Official listed on the first page of this Notice, you need to provide an alternative method of contact or alternative address and indicate how payment for services will be handled.

E. Right to an Accounting of Disclosures

You have a right to receive an accounting of disclosures of your health information for the six (6) years prior to the date that the accounting is requested except for disclosures to carry out treatment, payment, health care operations (and certain other exceptions as provided by HIPAA). The first accounting we provide in any 12-month period will be without charge to you. We may charge a reasonable fee to cover the cost for each subsequent request for an accounting within the same 12-month period. We will notify you in advance of this fee and you may choose to modify or withdraw your request at that time.

F. Right to a Paper Copy of this Notice

You have the right to a paper copy of this Notice. You may ask us to give you a paper copy of the Notice at any time (even if you have agreed to receive the Notice electronically). To obtain a paper copy, ask the Privacy Official.

G. Right to Receive Notification of a Security Breach

We are required by law to notify you if the privacy or security of your health information has been breached. The notification will occur by first class mail within sixty (60) days of the event. A breach occurs when there has been an unauthorized use or disclosure under HIPAA that compromises the privacy or security of your health information.

The breach notification will contain the following information: (1) a brief description of what happened, including the date of the breach and the date of the discovery of the breach; (2) the steps you should take to protect yourself from potential harm resulting from the breach; and (3) a brief description of what we are doing to investigate the breach, mitigate losses, and to protect against further breaches.

VIII. Special Protections for HIV, Alcohol and Substance Abuse, Mental Health and Genetic Information

Certain federal and state laws may require special privacy protections that restrict the use and disclosure of certain health information, including HIV-related information, alcohol and substance abuse information, mental health information, and genetic information. For example, a health plan is not permitted to use or disclose genetic information for underwriting purposes. Some parts of this HIPAA Notice of Privacy Practices may not apply to



these types of information. If your treatment involves this information, you may contact our office for more information about these protections.

IX. Our Right to Change Our Privacy Practices and This Notice

We reserve the right to change the terms of this Notice at any time. Any change will apply to the health information we have about you or create or receive in the future. We will promptly revise the Notice when there is a material change to the uses or disclosures, individual's rights, our legal duties, or other privacy practices discussed in this Notice. We will post the revised Notice on our website (if applicable) and in our office and will provide a copy of it to you on request. The effective date of this Notice is 2/15/2022.

X. How to Make Privacy Complaints

If you have any complaints about your privacy rights or how your health information has been used or disclosed, you may file a complaint with us by contacting our Privacy Official listed on the first page of this Notice.

You may also file a written complaint with the Secretary of the U.S. Department of Health and Human Services, Office for Civil Rights. We will not retaliate against you in any way if you choose to file a complaint.

Notice of Privacy Practices

Consent for Use and Disclosure of Health Information

Patient Information		
First Name	MI	Last Name
Address		Phone Number
Email		
Signing below, I have thoroughly read Elevate Dental's my medical information may be used and disclosed an information.		•
Patient Signature:	Dat	e
Please initial each statement below:		
I understand and acknowledge my rights as detailed	in the N	lotice of Privacy Practices Presented here.
I understand and consent to my medical information	n being ι	ised as described here.
I understand the terms and authorize the practice to mentioned here.	o disclos	e my medical information to those parties as